



Thrive - Examen

This week starts the Thrive series with Colossians 1:1-14

Questions to **Dig Deeper**:

- 1. Paul prays that we may be filled with the knowledge of God's will in all wisdom and understanding. Discuss what the 'will of God' is all about?
- 2. Do I have this kind of hope? Is this leading me to deepen my faith in Jesus and increase my love of others?
- 3. Am I studying God's Word? Our passage encourages us to pray that God will give us knowledge of His will, how do you find it most helpful to discern what is God's Will?
- 4. Where's my identity? Do I see myself as rescued? Do I see myself as an heir of God's inheritance? Do I see myself as purchased by God? Do I see myself as forgiven? What images in this passage most resonate with you?
- 5. Try the practice of examen daily this week, what do you find most impactful about this practice?