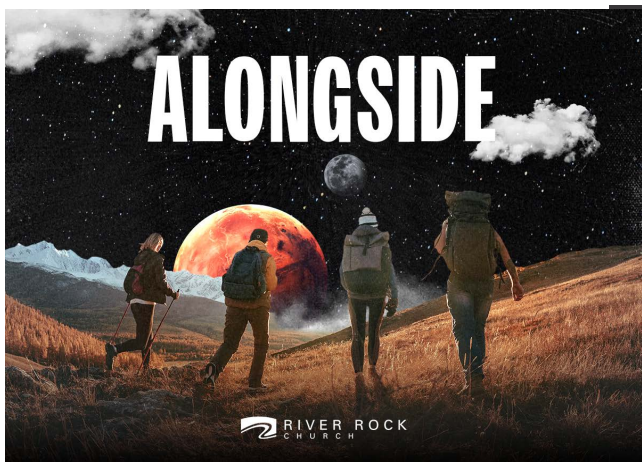


March 26

# NEXT STEPS



Reflective Lifestyle

Psalm 8

## Questions to *Dig Deeper*:

1. For us to flourish requires a rhythm of information – practice – reflection. Which of those comes most easily to you? Which is that one you do the least?
2. What are your greatest barriers to a reflective lifestyle?
3. Share about a circumstance or situation in your life right now that space to reflect would be helpful.
4. What did you learn about your autopilot today? How can this change how you handle tough circumstances?