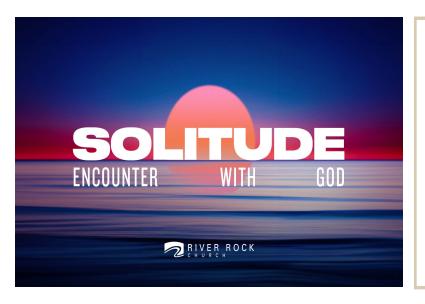


NEXT STEPS



"Practice: Solitude (Encounter Oneself)" Matthew 26:36-46

Questions to Dig Deeper:

- 1. When you think about solitude, what do you think it looks like? Is that something you ever do?
- 2. How comfortable are you with solitude? What makes you comfortable (or uncomfortable) with it?
- 3. Jesus prays a similar repetitive prayer, that God take the cup if that is God's will. Why do you think Jesus prays this to God more than once?
- 4. Bill talked about giving God our feelings, desires and trust. Which of those do you find easiest and most challenging to give to God?