

February 16

NEXT STEPS



Baggage: "The Burdens We Carry" Matthew 11:28-30

Questions to *Dig Deeper*:

1. What do you think those whom Jesus was speaking with were burdened by?
2. Jesus describes himself as humble and gentle. What are examples in scripture where you see Him be humble and gentle?
3. What burdens do you carry day to day? What things cause you stress, worry, and anxiety?
4. What scriptures speak to the burdens that you carry? Are your burdens ones that scripture speaks about being ones that Christ followers should carry, or does scripture say something else about those burdens?