



Baggage: "Seriousness" Philippians 4:4-9

Questions to **Dig Deeper**:

- 1. "Mature Christians take their faith seriously." How have you seen this (or not) in your time in any church?
- 2. What does joy mean for you? What does rejoice in the Lord look like?

3. Scripture encourages us to not be anxious in several places. What in scripture helps you as you battle anxiousness?

4. Verse 8 has a list of things that we are to focus on. Which of these do you find are the easiest to focus on?