

Apr. 19

NEXT STEPS



Why Do We Need Roots? Ephesians 6:10–13; 1 Peter 5:7–9

Questions to *Dig Deeper*:

1. What does it practically look like in your daily life to be “strong in the Lord” rather than relying on your own strength? Where do you most often find yourself defaulting to self-reliance instead of leaning into God?
2. Paul emphasizes that “our struggle is not against flesh and blood.” How does this challenge the way you typically view conflict with other people? Can you think of a recent situation where re-framing the “enemy” might have changed your response?
3. Bill highlighted that we are called to “hold the high ground” rather than fight offensively. How does this perspective shift your understanding of spiritual resilience and perseverance? What might it look like to “stand firm” in a current challenge you’re facing?
4. In what ways do anxiety, discouragement, or lies (like “you’re alone” or “you’re not enough”) try to uproot your faith? How does the encouragement in 1 Peter 5:7–9 speak into those struggles?
5. Bill suggested starting the day rooted in God (through Scripture, silence, or prayer). What is one intentional habit you could begin or strengthen this week to “put on the armor” daily? What might be a realistic first step for you?