

June 7

NEXT STEPS



"Helmet of
Salvation & Sword
of the Spirit"
Ephesians 6:17–18;
Hebrews 4:12–13

Questions to *Dig Deeper*:

1. Paul tells us to “take up” the helmet of salvation and the sword of the Spirit as gifts from God. Why do you think these final pieces of armor are described differently than the others? What does that teach us about grace, salvation, and our responsibility to respond?
2. Bill emphasized that the helmet of salvation protects our minds from lies—about ourselves and about others. What are some common lies believers tend to believe today, and how does remembering our own salvation help fight those lies?
3. Hebrews says the Word of God is “living and active.” How have you personally experienced Scripture correcting, encouraging, or redirecting you in a real season of life?
4. The sword of the Spirit is often misunderstood as a weapon to attack people, but Bill reframed it as protection against deception and division. Why is it so important to remember that “our struggle is not against flesh and blood”? How does that change how we handle conflict?
5. Bill challenged us to “test every spirit” and ask how something aligns with Jesus and God’s character. What are some practical ways we can test what we hear—whether from culture, social media, politics, or even other Christians?
6. Ephesians 6:18 ends with a strong call to pray continually. How does prayer help us actually put on the armor of God instead of just talking about it? What might it look like for you to make prayer a more daily practice?